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HILLCREST

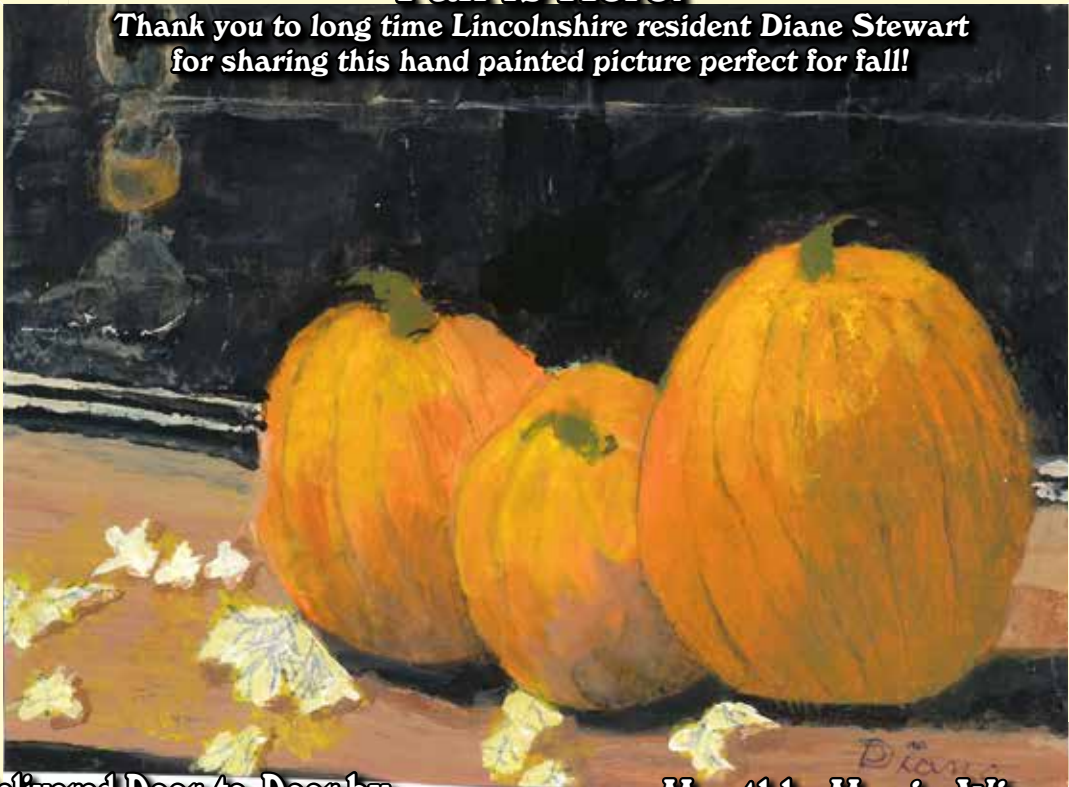
HIGHLIGHTS

November • 2023

Issue 9 47th Year

Fall is Here!

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"A" Co-Captain..... Robert Strang..... 727-669-2037
"B" Captain..... Dick Rankin..... 727-712-3816
"B" Co-Captain..... Robert Strang..... 727-669-2037
"Court Managers:..... Roy Morgan..... 240-538-4489
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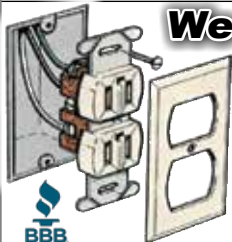


John 3:16

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HAPPY HOUR

Saturday November
18th @ 5pm

Bring an appetizer to
share and your choice
of beverage.



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sample? Great - that's
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KARAOKE is
planned



next Happy Hour is Dec. 16th
at 5:00p.m.

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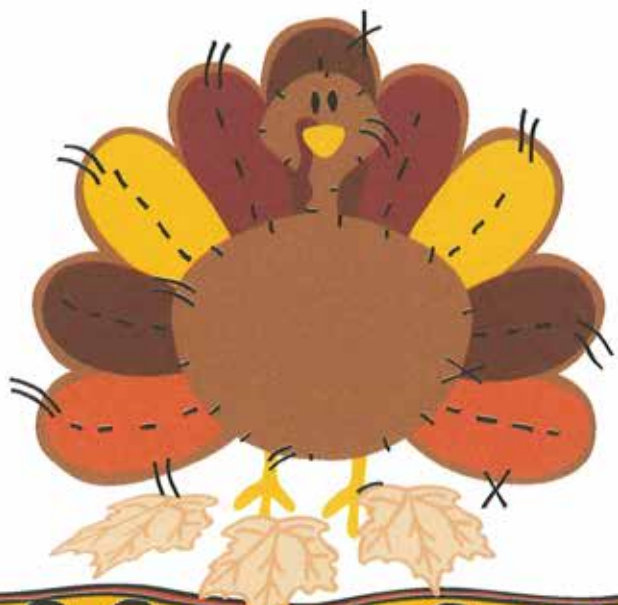
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GIVING THANKS

Thanksgiving Dinner to be held
on November 23rd at 1pm.
Be sure to sign up by Nov. 18th.
Sign up also for a table (sheet
on bulletin board).
Please bring a non-perishable
item for the food bank,





SOCIAL CLUB

submitted by Pat J.

November is here, and wouldn't some cool weather be nice. Coffee will be on Saturday the 4th. Bring your cup and \$2.00 for coffee and pastry. The social club meeting will follow with some hull decorating. As of this writing 100 pounds of food has been donated to the local food bank. We will continue taking contributions thru Thanksgiving. There is a donation box in the clubhouse, so please consider donating non-perishable food items. Help us reach our goal of 500 pounds. Just a reminder, please do not donate produce items such as salads, tomatoes etc. Saturday the 18th a Happy Hour scheduled. We are hoping to have an evening of karaoke, so polish up those vocal chords and be prepared to have your song choices ready for when we need them.

Thanksgiving dinner will be on Thanksgiving day at 1 pm.

We are getting to that time of year when we are looking for nominations for officers for the Board for next year. If you would like to serve, or want to nominate someone (let them know in advance) please see a board member. We will also be looking for some committee chair persons, i.e. entertainment committee, decorating committee, and coffee break organizer. Elections will be held the beginning of January 2024.

THANKSGIVING DINNER

Dinner will be held on Thanksgiving day (11/23) at 1pm. Sign up for the dinner must be done by November 18 so that we have enough Turkey, gravy, potatoes and either pork loin or ham for those who don't like turkey. If you would like to cook a turkey please let a board member know. We have a volunteer to deep fry one turkey. There will be a table sign up sheet on the social club bulletin board. At this time we are hoping to keep the tables to 6 to 8 people each. Please do not plan to push tables together, if you need more people at your table please contact Pat at 1009 so we can come up with a suitable arrangement. Each table needs to have a host/hostess. This person is in charge of the table. This includes co-ordinating sides for your table. We will be providing mashed potatoes and gravy along with the main meats. Side dishes are for your table, not set as a pot luck. Consider planning a centerpiece for your table. We are hoping each table will supply a dessert for the dessert table which would be shared by all.

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John 3:16

"...I am so happy with my new windows...I'd like to commend your work crew. Earbie and Larry were fantastic! I couldn't believe the clean-up EVERYDAY! The whole job took just a week even with all the rain delays. I would and WILL highly recommend your company to my friends and neighbors. Of course I won't need to say a word - the house is doing all the talking! Thank you so much for my beautiful new house."

Carol Zapiecki, Clearwater, FL



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November Calendar



Monthly

American Diabetes Month. Nov. 1–30. To communicate the seriousness of diabetes and the importance of proper diabetes control and treatment. For more information, browse www.diabetes.org.

Epilepsy Awareness Month. Nov. 1–30. To increase public awareness that despite dramatic gains in treatment, epilepsy is a serious and chronic health condition for which there is no cure. For more information, browse www.epilepsyfoundation.org.

Family Stories Month. Nov. 1–30. November starts out with crisper weather and ends with the gathering of family and friends around the table, which makes it the perfect month to start telling and saving family stories. For more information, browse www.scrapbookstorytelling.com.

I Am So Grateful Month. Nov. 1–30. To give thanks and count your blessings daily. For more information, browse www.nancyjlewis.com.

Lung Cancer Awareness Month. Nov. 1–30. To increase awareness of the need for screening, early detection, research and compassion for lung cancer survivors. For more information browse www.alcase.org.

National Hospice Month. Nov. 1–30. To promote greater awareness of hospice care and the advantages it offers. For more information, browse www.nahc.org.

Weekly

World Communication Week. Nov. 1–7. To stress the importance of communication among the more than 6 billion human beings in the world who speak more than 3,000 languages and to increase the use of the international language Esperanto. For more information, browse www.friendshipandgoodwill.org.



National Animal Shelter Appreciation Week. November 5–11. To recognize the indispensable role that animal shelters play in maintaining the safety and health of a community — for all of its residents. For more information, browse www.groveparkinn.com.

Better Conversation Week. Nov. 20–26. To focus on making better conversations with friends and relatives. For more information, browse www.conversation-matters.com.

Daily

Veterans Day. Nov. 11. Formerly called Armistice Day.

Prematurity Awareness Day. Nov. 17. To alert Americans to the problem of premature birth (before 37 weeks).

Prematurity is the leading cause of newborn death (before the first month in life). For more information, browse www.marchofdimes.com.

Thanksgiving Day. Nov. 24.



A prescription that came in handy

A doctor recalls that one of his colleagues once wrote a prescription with the same degree of legibility that most prescriptions employ.

The patient proceeded over the next three years to use the prescription as a train pass; he used it twice to get into the Metropolitan Opera. It also came in handy as a letter of recommendation, from whence he acquired a new and better paying job. But the grand finale was when he gave it to a piano student, who played it beautifully, and won a scholarship to Juilliard.



The case of the thrifty widow

There was once a thrifty widow who wanted the town's most venerable minister to perform the eulogy for her husband.

The minister said that he would be delighted to deliver a rousing eulogy that would enshrine her dearly departed to all who heard his words — for \$500.

The thrifty widow thought for a moment and asked the minister if he could do the eulogy for less.

The minister replied that he could do a rather nice piece on her husband that would bring the audience to tears and keep her husband in their hearts for years to come—for \$250.

The widow thought about this for a moment and asked the minister if he could do the eulogy for \$75.

The minister said that he would be happy to do the eulogy, “but for that price, I will be forced to tell the truth about your husband.”



A little horn humor

Did you hear about the French horn player whose toupee fell into his instrument? He spent the rest of the night blowing his top.



On marriage

After a few years of marriage, a man can look right at a woman without seeing her and a woman can see right through a man without looking at him.

— *Helen Rowland*

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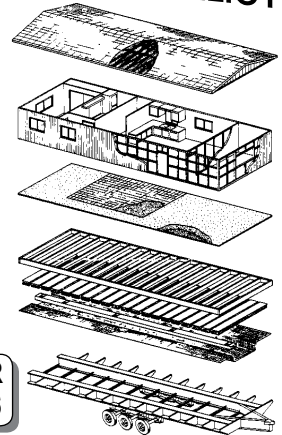
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O	S	S	E	E	E	E	A	O	R	G	A	N
O	P	O	I	S	E	S	M	G	G	Y	G	N
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become
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layer
liens
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loans

occupy
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seer
situation
space
spool

wagon
winter



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Monkeys can go bald in old age, just like humans?

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5 Daylight Savings Time Ends	6	GAME when t players Ele
12	13	
19	20	
26	27	

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	1	2	3 BAR POKER when there are players. 7pm	4 COFFEE - 9am. \$2.00 SOCIAL CLUB MEETING follows
7 NIGHTS here are - 7pm ction Day	8	9 POT LUCK - 6pm	10	11 Veteran's Day
14	15	16	17	18 HAPPY HOUR - 5pm
21	22	23 THANKSGIVING DINNER 1pm sign up by the 18th Thanksgiving Day	24	25
28	29	30		



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Bringing her home to meet the folks



A young philosophy student brought home his fiancée, a theology student, to meet his parents. All four of them sat in the living room for a chat and after a while the mother excused herself and her son went along with her to help in the kitchen.

The father asked the girl how the two of them planned on earning their bread in the world. The girl, who was quite religious, said, “I’m not sure—but God will provide us with all we need.”

The father asked the girl if they had been able to save enough money from their side jobs to survive the first few months of being on their own and buy a car. The girl answered that they had not, but that she was absolutely sure that God would provide them with whatever they would need.

The father asked her where they planned on living after graduation, and the girl once again answered that she did not know but that she was sure that God would take care of everything for them.

The mother and son returned to the room and announced that dinner was being served and the conversation was ended. Later, after the young couple had left, the mother asked the father, “Well, what did you think of Sally?”

“Well, I’m not really sure,” said the father. “She doesn’t seem to understand how the world works, and she and Hank have not made a plan for their future—but on the other hand, she seems to think that I’m God.”

Waiter, please...

A guest of a resort hotel in a tourist area walked into the dining room where breakfast was being served. The guest sat down at a table and called a waiter to take his order.

“I would like two eggs, over easy, one with the yolk overcooked and rubbery and the other under cooked with the yolk broken and running out on the plate. I would also like some sausage that has been grilled and set out on the plate to get cold, burnt toast that has also grown cold so that it crunches and crumbles into nothing at the first bite, and butter that has been in the freezer so that it is impossible to spread, and a pot of coffee that is lukewarm and very weak.”

The waiter busily scratched down the guest’s order and said, “This is a very complicated order, sir. It might be difficult to deliver it exactly as you have requested.”

The guest replied, “But I had that exact breakfast here yesterday!”



ACROSS

- 1. Small containers
- 5. Personnel
- 10. Circle fragments
- 14. Brews
- 15. Reef material
- 16. Arid
- 17. Writing paper
- 19. Gush forth
- 20. Be mistaken
- 21. The best people or things
- 22. Femme fatale
- 23. Dawdled
- 25. Domicile
- 27. N N N
- 28. Assembled in one place
- 31. Thin person
- 34. Legal setting
- 35. Chapter in history
- 36. Durable wood
- 37. Nonpoetic writing
- 38. Make a sweater
- 39. Commercials
- 40. High-pitched woodwind instrument
- 41. Waits
- 42. Chide
- 44. Encountered
- 45. Sesame
- 46. Illness
- 50. Select by voting
- 52. Ice a cake
- 54. Needlefish
- 55. Telegram
- 56. Blending
- 58. Makes a mistake
- 59. Mistake
- 60. Countertenor
- 61. Articulates
- 62. File
- 63. Kind of moss



DOWN

- 1. Enclosed
- 2. Extreme
- 3. Necklace item
- 4. Supersonic transport
- 5. A large amount
- 6. In shape
- 7. District
- 8. Farmer's home
- 9. Travel by plane
- 10. Help
- 11. Criticize
- 12. Algonquian Indian
- 13. Stitched
- 18. Sugarcoating
- 22. Tallow source
- 24. Fluid escape
- 26. Beast
- 28. Bicuspid
- 29. A Great Lake
- 30. Rodents
- 31. Asterisk
- 32. Formally surrender
- 33. Boo or hiss
- 34. Shaped like a cross
- 37. Scheme
- 38. Toy with a tail
- 40. Typeface
- 41. Beats
- 43. Alcove
- 44. Woe
- 46. Sorrow
- 47. Nimble
- 48. Father Christmas
- 49. Grain disease
- 50. Flock members
- 51. Former Italian currency
- 53. Scarce
- 56. C
- 57. Type of hat



November
Crossword



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Want to have more energy and feel better? Try this

Are you grateful for what you have in life? Do you recognize what you have? Many people don't, so how do you go about being more mindful of the good things in your life? According to some experts, keeping a "gratitude journal," in which you list the good things that you are grateful for in your life, might be a good way to start. In a study of those who kept gratitude journals, Robert Emmons, a professor of psychology at University of California, found that those who wrote down what they were grateful for were more optimistic and felt better on the whole than those who wrote down what was bothering them or just wrote down neutral observations about their lives. So buy a journal, sit down and ponder the good things you have going for you and write them down.



What to do when someone pushes your buttons

Everyone knows someone who knows how to get him or her going. There is always a person in life who seems to possess an almost uncanny knowledge of what will put you over the edge—and it becomes that person's goal to do just that. This person can be your co-worker, your spouse, your mother, your child, even a perceptive stranger on a train.

The first step in dealing with these types of people and situations is to develop awareness of how you react. Do you crawl inside yourself to hide when someone roughs up your emotions? Do you become aggressive out of fear? Everyone's reaction to the fear and anger caused when someone pushes their buttons will be different. When you see the pattern of how you react, you are on your way to healing.

The next step is to develop a curiosity about your reaction. Is it linked to your past? What does it tell you about yourself? When you understand what you are reacting to, you will realize that people who push your buttons can teach you a lot about yourself.

After you have gathered this information, then you need to develop a way to pause for a moment when your button is pushed. Give yourself that moment of time to stop an automatic reaction. Let your awareness build—try exercises such as thinking, "I am feeling very angry right now" or "This is how I used to feel when my brother tried to tell me how to live my life." Take a deep breath and use the moment to avoid immediate reaction and you will be on your way to developing not only a deeper understanding of yourself, but of something universally human. One of the great Tibetan teachings, or mind-heart trainings known as lojong, is "Be grateful to everyone." Pema Chodon, a Buddhist nun and author of *Start Where You Are: A Guide to Compassionate Living*, says: "The slogan 'Be grateful to everyone' is about making peace with the aspects of ourselves that we have rejected. Through doing that, we also make peace with people we dislike. More to the point, being around people we dislike is often a catalyst for making friends with ourselves. Thus, 'Be grateful to everyone.'"



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Reflections on hangovers and their cures



With the holiday party season upon us, it might be useful to reflect on the subject of the hangover.

According to Harold McGee, author of *On Food and Cooking: The Science and Lore of the Kitchen*, remedies for hangovers go back to ancient times. McGee says that as far back as medieval times, hair of the dog was being recommended by the medical school of Salerno: “If an evening of wine does you in, more the next morning will be medicine.”

McGee says that the logic of this prescription is that the person who overimbibes is actually going through a slight withdrawal from drugs. That means, generally, that the longer you feel high and continue to drink, the worse you’re going to feel the next day. There are probably millions who can verify this supposition. So it goes, that if you have a drink the next morning, you are giving the body what it got used to the night before, and you will feel slightly better from halting the withdrawal and mildly anesthetizing yourself.

However, this remedy comes with a caveat: You will at some time have to go through the withdrawal, so you are merely postponing the consequences by having another drink (one should also consider that repeating this over time can also lead to alcoholism).

Caffeine-laden drinks can reverse the effects of alcohol on the cranial blood vessels (alcohol enlarges them and caffeine shrinks them). This may help eliminate headaches due to alcohol consumption. Drinking liquids can also help restore fluid to the body, which has been lost due to dehydration when drinking. Eating carbohydrates can also help the body recover from the fatigue and malaise you may feel. Exercise may also help speed up the removal of the drug from the body. But generally speaking, and sad news for many, most hangovers must be treated by the passage of time.

You can get moving without going to the gym

If you want to get in shape, make it your business to move around more. This doesn’t mean you have to do a “real workout,” it just means that you need to make a conscious effort to make “action-enhancing” decisions. Here are a few suggestions for getting on the move:

- Take the stairs, not the elevator or escalator.
- After lunch, take a walk with a friend instead of sitting around the lunch table gabbing.
- Mow your lawn, and stop waiting for someone else to take care of it.
- Plant flowers.
- Play hide and seek with your kids.
- Take your dog for a walk.



The main point here is to move around more than your norm. If you’re living a sedentary life, now’s the time to break the pattern. Once you do, you’ll feel your energy start to increase — and you’ll be glad you did.



November

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7	9	3	4	2	5	1	6	8
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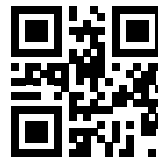
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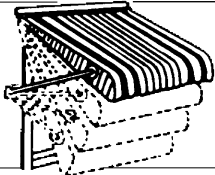
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Quotable Humor



On nonsense

Nonsense is good because common sense is so limited.

— **George Santayana**

On aging

Of late I appear To have reached that stage Where people look old Who are only my age.

— **Richard Armour**

On plagiarism

If you steal from one another, it's plagiarism; if you steal from many, it's research.

— **Wilson Mizner**

On logic

Logic is the art of going wrong with confidence.

— **Joseph Wood Crutch**

On sincerity

A little sincerity is a dangerous thing, and a great deal of it is absolutely fatal.

— **Oscar Wilde**

On lies

There are three kinds of lies: lies, damned lies and statistics.

— **Benjamin Disraeli**

On youthful confidence

I am not young enough to know everything.

— **James M. Barrie**



Something to be thankful for

God gave us our relatives; thank God we can choose our friends.

— **Ethel Watts Mumford**

On women

A woman is like a teabag; you never know how strong she is until she gets into hot water.

— **Eleanor Roosevelt**

On danger

Considering how dangerous everything is, nothing is frightening.

— **Gertrude Stein**

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WANTED TO BUY	EVENTS & PROGRAMS	EVENTS & PROGRAMS
<p>FURNITURE, good clean, pre-owned. Top dollar paid. Charles, 727-657-7021</p>	<p>12th ANNUAL ARTS & CRAFT SALE - Sat., Nov. 11, 2023. 9AM-1PM Lake Haven MHP, Paradise Island Clubhouse 1415 Main St. (SR580 & Lake Haven Road) Dunedin. Art and needlework projects include greeting cards, alcohol ink art, crocheted and knitted items and knick-knacks for home or gifts.</p>	<p>Ranch Mobile Park, Park-wide Yard Sale, Saturday, December 2nd, 8:00am - 2:00pm at 6800 - 150th Ave. N., Clearwater (Largo)</p>
<p>OTHER</p> <p>GOLF club re-gripping. Call or text 301-466-7090</p>	<p>CRAFT FAIR 11/11/23 10 a.m. to 1 p.m. AMERICANA COVE Clubhouse 7201 1st Street NE Saint Petersburg</p>	<p>Bay Ranch MHP Flea Market / Bake Sale 12-02-23 8am - 1pm. Refreshments! Vendor Tables \$10. Contact: Paige 727-543-9871. 7349 Ulmerton Rd</p>
<p>EVENTS & PROGRAMS</p> <p>The Royal Canadian Legion Post 144 Pinellas County, having survived COVID, is regrowing to continue supporting local Veterans, and providing social activities for new and existing Canadian Legion Members. Join us for our monthly Membership Meetings, Remembrance Ceremonies, VSO visits, raids, invasions, MLB game, dinner/theater, museums, etc. For information, email: info@relpost144.org.</p>	<p>LADIES BOTIQUE SALE Teakwood WEST Largo. Nov. 18th 8-2 Ohana Clubhouse. Clothing, Shoes, Purses, Jewelry. Carport sale happening too! Cash only</p>	<p>Southwind MHP Annual Craft Show Bake Sale and Raffle. Saturday, December 2, 9-1. 795 Country Road 1, Palm Harbor</p>
<p>BIG SALE. 10045 113 PL. Lake Seminole Resort Largo. New Name Brand clothing, all sizes. Beautiful potted house plants. Much more. Nov 2-4</p>	<p>Carport Sale. Teakwood Village 800 Missouri Ave Largo. November 18th, 8am-2pm. Many items for sale. 508-434-1995</p>	<p>Craft Sale 12/9/23 9AM -1PM at Ranch Mobile Park Clubhouse. Refreshments and food sale too</p>
<p>Regency Heights Carport Sale: Friday and Saturday, November 3-4, 8am-2pm. 2550 State Rd 580, Clearwater.</p>	<p>Craft Fair 11/18/23, 9AM - 1PM at Clerawater Cascade. Contact Jane Boucher 903-426-3636, Janeboucher29@gmail.com</p>	<p>HELLO CANADIANS! Canadian Club Canadien Gulf Coast Florida, having survived COVID, is now regrowing to promote fellowship among Canadians in Pinellas County, and foster goodwill with American people. Join us; for our monthly lunch with informative speakers, weekly golf, MLB game, dinner/theater, museums, deep sea fishing. Your first lunch is FREE! For information, email: cccgcf@galt.biz.</p>
<p>Annual Craft Fair - Paradise Island - Saturday November 4th 9-3pm. Clubhouse, 1001 Starkey Rd. Largo. 50 plus Tables, Handmade items & Bake Sale</p>	<p>Palm Hill Bazar has split. Craft Bazar Nov. 18, Christmas Flea Market Dec. 2. Both 8-1. Refreshments and bake sale at both. 401 8th Ave SW.</p>	<div style="border: 2px solid black; padding: 10px;"> <p>ATTENTION RESIDENTS! Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other things. Remember to think about this the next time you're planning something.</p> <p style="text-align: right;">-Monthly Media Staff</p> </div>
<p>HOLIDAY BIZAAR Saturday, 11/11/2023 9am-2pm. First Lutheran Church, 1644 Nursery Rd., Clearwater. All indoor craft show. Questions: 727-744-3806 or eobrien2429@gmail.com. 217-251-4382 or jayneb1227@gmail.com</p>	<p>Craft fair/ bake sale/ lunch. November 18th 8am-2pm. East Bay Oaks Clubhouse: 601 Starkey Road, Largo</p>	
	<p>Annual carport sale, Lincolnshire Estates: 1071 Donegan Rd. Largo Fl. 33771. Saturday December 2nd 8 AM - 2 PM, over 50 homes: housewares, arts & crafts, clothes, furniture, tools and lots more.</p>	
	<p>Sunset Palms MHP Craft Fair & Bake Sale 11/18 9am. Christmas Yard Sale 12/2 8am</p>	

DECEMBER AD DEADLINE - NOVEMBER 8, 2023

- Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at 220 Bahama St, Venice, FL 34285.
- Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH.



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